

## **PERSONAL AUTONOMY**

### **“Clean up, Clean up” routine**

#### **Why?**

We are going to talk about “the clean up” routine.

We`ve chosen this routine to develop and work personal autonomy competence, because we need to educate independent children.

With this routine we want students start to be autonomous in the way to pick up their own materials in the class when they finish the exercise or the task.

To work this routine, we`ve chosen the song “clean-up” because is simple and dynamic, besides, it is repetitive too. However, we`ve decided to reduce it (the song) because children, who are three years, in the first days need more time to remember and learn it.

#### **How?**

Firstly, we will try that pupils follow the rhythm of the song and associate it with the aim of pick up and put away the things in place.

The first move will be to play the tambourine, so this sound will mean that it`s time to clean up. In this moment the teacher wants to call the attention of the children, for they know that it`s time to pick up the material and finish the task. The teacher will open her eyes and eyebrows and will move her head looking all pupils (paralanguage), also she will be smiling to give a good feeling about the routine (affect display).

In the second move students will pay attention the teacher and they will have to stop to do the activity.

In the third move, the teacher will approach the place of tables, to remain close to children.

Some students will start to pick up and sing the clean up song when the teacher approaches of them, because they recognize that it's time to pick up. It will happen during the fourth move.

In the fifth move she will begin to sing the "clean up" song, besides she will help their bringing near the box (emblem) during the first days, until they learn how they have to do it.

When the song says "everybody" the teacher will do the following emblem (move sixth):

- She will point to each student and then she will point the box.

This emblem means that all students must participate in this action together. One of the targets that we want to encourage is the cooperative learning.

During the last phrase of the song the teacher will look all pupils and she will do an illustrator for example "taking the material and putting in the box" (seventh move).

In the eighth move pupils put away the materials from the task into the box and they will help each other, following teacher's behavior

When they finish the routine the teacher will strengthen their saying well done, or doing positives moves, like okay cue's (ninth nine)

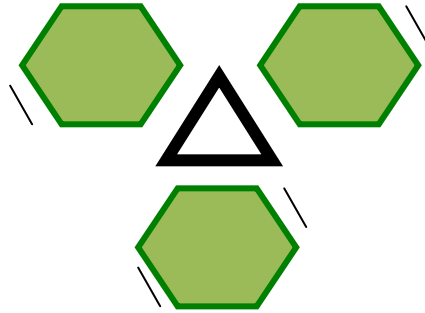
The clean up song, will be sung almost one time in each table, above all during the first days.

In our routine will predominate the regulatory function, because the emblems and illustrators, which are used by the teacher, it regulate in all the moment the behaviour of the students.

When children will learn the routine, the teacher only will sing the song and will observe that pupils doing the routine correctly. Little by little children also will begin to sing the letter of the song, and at the end of the course, they will can to sing the complete song.

### **How will we organize the classroom?**

As we have 15 pupils in our classroom, we will put three big tables forming a triangle like in this picture.



Our idea of the triangle is that we will sit students leaving one place (the near place of the triangle) in each table for teacher can move loosely in this space.